



WorkPlace Big Five Profile™ Bingo Ice Breaker

Read through all the statements in the Bingo grid. Place a small check inside any box that describes you. Interview all others to find a single Big Five Bingo statement that best describes them and write their first name in that box. When you have filled five boxes in a row, a column, or a diagonal, shout "Bingo!"

I am usually calm during a stressful event, but sometimes I get angry.	If I have been in meetings all day, I like to be by myself in the evening.	I look forward to change in my job and daily responsibilities at work.	I usually help anyone who asks me to volunteer for something.	I like to focus on many projects at one time.
I enjoy meeting and talking with new people at work.	I really enjoy seeing all the new technology and developments at trade shows.	I tend to ask my team members a lot of questions during meetings.	If a document is going out with my name on it, the document must be completely error-free.	I can always think of what to do next during a crisis.
I am good at handling each and every detail in my job.	I'm happiest when my team is doing things my way.	I get a kick out of checking off items on my "to do" list.	I tend to be cautiously pessimistic about how things will turn out.	I prefer to work on a project by myself rather than with a team.
I often give in to what my team members or coworkers want to do.	I often work late at my job or take work home.	I sometimes worry so much about a project that I have trouble sleeping.	I think I am a strong leader of others.	I may not immediately accept change at work, but I usually get on board after a while.
I have been known to procrastinate on tasks rather frequently.	I very rarely feel discouraged.	I prefer to keep my weekend plans and activities to myself.	I wish I could learn one technology really well and not have to change every six months.	I think that I am somewhat skeptical.